

FAMILY & CONSUMER SCIENCES (HOME ECONOMICS)

Orientation to Family & Consumer Sciences Grades 9 1 year 1 credit (64001)

Introduction to Family and Consumer Science introduces students to all areas of family and consumer science and serves as a background for all vocational family and consumer science programs. This course is designed to expose students to a variety of family and consumer science occupations and to provide knowledge and basic skill development to enable students to make meaningful decisions regarding further family and consumer science occupational studies. Suggested first course for all family and consumer science courses. It presents subject matter in these areas: 1. Clothing & Textiles
2. Resource Management 3. Introduction to World of Work 4. Housing, Furnishings, and Equipment
5. Human Development 6. Food and Nutrition

Learning experiences assist students in understanding themselves, their role in today's society and family and consumer science related careers.

Child Development Grade 10,11 1 semester .5 credit (61001)

This course emphasizes knowledge and understanding of the intellectual, physical, social and emotional development of children from conception through adolescence. The content centers around the following duty areas: managing and organizing child development by applying decision making and goal setting skills; promoting child development by applying physical, social, intellectual and emotional principles; practicing health and safety standards for children; providing experiences encouraging children to maximize resources; encouraging human relations skills in children; and evaluating family and career changes in relation to impact on children. Information related to careers in child, day car and education services is incorporated throughout the course.

Child Day Care and Education Services Occupations I Grade 11-12 1 year 1 credit (61003)

This course provides students with information and practical experiences needed for the development of competencies related to child, daycare and education services occupations. Laboratory experiences, either in a school based or work site learning facility, are included throughout the class. Students meet standards in developing programs and assisting with children's and/or adult's activities. Classroom study includes the philosophy and management of care centers and the state and local regulations governing care-giving operations. The main learning experiences will involve actual work with children/adults simulating those found in business and industry, as well as preparation for developing and facilitating these activities.

Clothing & Textiles 1 Grade 10,11 1 Semester .5 credit (62501)

This course provides knowledge and understanding of textiles, fashions and fabrics in meeting the clothing and fabric (fashion) product needs of individuals, families and the general public. The course content centers around developing competencies in the following duty areas: selecting clothing and textile products using goal making skills; meeting social, physical, psychological and economic needs in evaluating, selecting and caring for clothing and textiles; appraising clothing/textile products contributing to health, safety and comfort; maximizing resources in selecting, constructing, altering, repairing and remodeling clothing/textile products; communicating the intended clothing image to others; and approving decisions necessary for clothing and textile needs. Information and experiences provide an understanding of the psychological aspects of fabric products as related to the needs of people, and the jobs and careers using competencies related to textiles and fabrics and fashion are included throughout the course.

Clothing & Textiles 2 Grade 10,11 1 Semester .5 credit (62503)

Prerequisite: Clothing and Textile 1

This course increases the level of knowledge and skills of students as they construct, purchase, care for, and work with clothing, accessories and textiles. The ways in which personal considerations and fashion trends interact with the market are explored in the primarily non laboratory course. Broad area of emphasis include career opportunities in clothing, accessories and textile products fields: fibers and fabrics, color, line and design in fashion; clothing selection, consumer information, clothing maintenance and care, sewing and construction skills and merchandising. Emphasis is placed on fashion occupations.

Clothing Fashion & Apparel Service Occupations 1 Grade 11-12 1 year 1 1 credit (62505)

This course provides students with the opportunities to develop the competencies needed for employment in a variety of clothing, fasion, and apparel-related occupations. The nature of employment opporunities in the region influences the content of the course. Areas of study include: performing sales related activities, meeting cutomer needs, preparing displays, and performing merchandising duties. Pattern and garment alteration and garment construction are only included when labor market demand stongly justifies the inclusion of occupations requirin these skills.

Foods & Nutrition Science 1 Grade 10-11 1 Semester .5 credit (64003)

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This course includes the basic classroom and laboratory experiences needed to develop a knowledge and understanding of basic food principles and nutrition for people of all ages. Course content centers around: food service and preparation management using the decision making process; meeting basic needs by applying nutrition concepts; meeting health and safety needs in planning, preparing and serving food; maximizing resources when planning/preparing/serving food; promoting hospitality in food practices; and analyzing individual and family nutritional needs in relation to change. Information related to careers in foods and nutrition is incorporated throughout the course.

Sophomores get preference for Food and Nutrition Science 1 & 2

Food & Nutrition Science 2 Grade 10-11 1 semester .5 credit **(64005)**

Prerequisite: Foods & Nutrition Science 1

This second level orientation-level foods course, centers on food selection and preparation for special and dietary needs. Laboratory sessions are devoted to preparation of foods with specific characteristics. Course content includes the following: careers in foods and nutrition, influences on food customs, diet and health, current nutritional issues, special food needs, food safety and sanitation, food purchasing, food conservation, and food preservation. This course provides an introduction to commercial food service, preparation, and management; there is an emphasis on food service and hospitality occupations.

Adult Living Grade 11- 12 1 semester .5 credit **(60503)**

This course is designed to assist individuals and families in achieving life satisfaction through responsible participation as adults in the home, community and work place. Emphasis is placed on the development of prevention strategies which will assist individuals in responding to situations in terms of their identified values and goals. The course content includes: developing short and long range plans, demonstrating goal-setting and decision-making skills; evaluating and adapting basic needs to assume roles and responsibilities; recognizing and following health practices that assist in coping, selecting and using resources to enhance the individual growth and development; developing effective relationships to promote communication with others; and evaluating family and career changes. This course helps students identify resources that will assist them in managing life situations.

Living Environments Grades 11-12 1 semester .5 credit **(60505)**

This course provides basic knowledge and skills needed to select, acquire, maintain and manage living environments that meet the needs of the occupants. The selection and care of housing and furnishings are related to factors such as social economic conditions, individual tastes, psychological effects, aesthetic values, safety, sanitation and energy conservation. The course content includes the following duty areas: locating and managing housing using goal setting and decision making skills; evaluating living space to meet basic needs; creating and maintaining living environments; ensuring health and safety; selecting appropriate resources in creating living environments; determining the impact of the individual and/or group on living environments; applying housing and home management choices relating to changing family/individual and career patterns. Emphasis is placed on the application of basic management principles in relation to the environment.

Parenting Grades 11-12 1 semester .5 credit **(60501)**

This course helps students understand the responsibilities, satisfactions and stresses of parenthood. Many types of parenting situations are examined. Stress prevention and management are emphasized. Community agencies that help parents deal with various types of parenting situations are identified. Course content includes the following duty areas: managing and organizing parenting by applying decision making and goal setting skills; applying the basic principles of the parenting process; practicing health and safety standards as related to parenting; providing experiences which encourage parents and children to maximize resources; encouraging human relations skills in children/adolescents; and evaluating impact on parenting of family and career changes. Special attention is given to the needs of teenage parents and to the importance of readiness for parenthood.

Resource Management (Consumer Education) Grade 11-12 1 semester .5 credit **(60507)**

This focuses on the understandings and skills needed to make decisions about the use of resources and prevention strategies which contribute to an improved quality of life. The course content includes the following duty areas: utilizing resources and consumer information by applying goal setting and decision making skills; evaluating use of resources to meet social, physical and psychological needs; maintaining health standards by applying safety information; applying consumer rights and responsibilities in the marketplace; accomplishing mutual goals by utilizing human resources; and analyzing resource/consumer management skills necessary to make decisions. This course meets the content requirements (installment purchasing, budgeting, comparison of prices and an understanding of the roles of consumers interacting with agriculture, business labor unions and government in formulating and achieving the goals of the mixed free enterprise system) for consumer education instruction as required by the School Code of Illinois (Section 27-12.1).