



Jr. High School  
&  
High School

# January

Mon

Tue

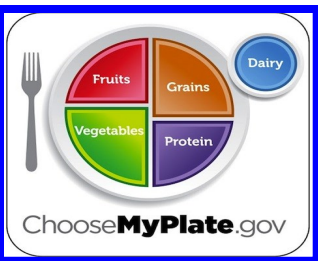
Wed

Thu

Fri

<u>Lunch Prices</u>	
Student	\$2.65
Reduced	\$.40
Extra Milk	\$.40
<u>Breakfast Prices</u>	
Student	\$1.50
Reduced	\$.40
Extra Milk	\$.40

<u>Offered Daily</u>
Grab'n Go PBJ Lunch
Salads Lunch Options
Mon- Garden — Chef Chicken
Tue -- Garden — Chef Chicken
Wed-- Garden— Taco Salad
Thru -Garden — Chef Chicken
Fri — Garden — Chef Chicken
Fresh Fruit Offered Daily With Your Lunch Choice



**Menu subject to change based on availability**

1	2	3	4	Snow Days:
<h1>Winter Break</h1>				
8	<b>Teacher Institute</b>	9 1. Orange Chicken/ Fried Rice 2. Cheeseburger on Bun  Steamed Broccoli Fresh Veggie's/Dip Mandarin Oranges 1% or Skim Milk	10 1. Cold Cut Sub 2. Chicken Nuggets/Roll  Mashed Potato/Gravy Green Beans Chilled Applesauce 1% or Skim Milk	11 1. Mr. Rib on Bun 2. French Toast Sticks/  Sausage Patty Veggie Juice Box Hash Brown Potato Fresh Fruit 1% or Skim Milk
15	<b>Martin Luther King Day</b>	16 1. Enchilada 2. Mini Ravioli/ Garlic Bread Stick  Fresh Veggie's/Dip Garden Salad Mix Frozen Fruit Cup 1% or Skim Milk	17 1. Pizza Pasta Bake Garlic Bread 2. Grilled Cheese  Romaine/Tomato Mix Salad Fresh Veggie's/Dip Chilled Pears 1% or Skim Milk	18 1. Country Fried Steak/Roll 2. Baked Chicken Roll  Mashed Potato/Gravy Green Beans Chilled Applesauce 1% or Skim Milk
22	1. Cheese Quesadilla 2. Buffalo Bites  Fresh Veggie's Dip Baked Fries Frozen Fruit Cup 1% or Skim Milk	23 1. Turkey Sub Sandwich 2. Gourmet Burger on Bun  Baked Beans Baked Fries Chilled Applesauce 1% or Skim Milk	24 1. Mini Corn Dogs 2. Walking Taco  Romaine/ Tomato Mix Fresh Veggie's/Dip Chilled Mix Fruit 1% or Skim Milk	25 1. Cheese Sticks 2. Lasagna Roll  Veggie Juice Box Fresh Veggie's/Dip Chilled Pears 1% or Skim Milk
29	1. Meat Ball Sub 2. Mac & Cheese  Baked Beans Fresh Veggie's /Dip Chilled Pineapple 1% or Skim Milk	30 1. Nacho Plate 2. Max Cheese Sticks  Lettuce Tomato Refried Beans Chilled Peaches 1% or Skim Milk	31 1. Chicken Tenders/Roll 2. Pulled Pork  Au Gratin Potato Seasoned Corn Cinnamon Apple Slices 1% or Skim Milk	12 1. Pizza (Retro) 2. Chicken Sandwich  Season Corn Veggie Juice Box Chilled Peaches 1% or Skim Milk  19 1. Tuna Panini 2. Pork Tenderloin on Bun  Baked Beans Fresh Veggie's /Dip Chilled Pears 1% or Skim Milk  26 1. Pizza/ Buffalo 2. Chicken Sandwich  Season Corn Veggie Juice Box Mandarin Oranges 1% or Skim Milk

Menu items of that day will be served the following day!  
Bumping the menu item on Friday of that week



Highland  
&  
Monroe Center

# January



Mon

Tue

Wed

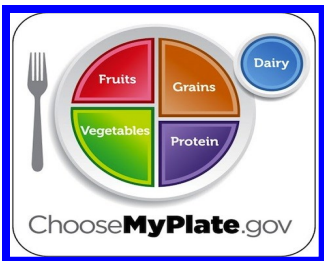
Thu

Fri

1	2	3	4	<b>Snow Days:</b> Menu item's of that day will be served the following day ! Bumping the menu item on Friday of that week
<h1>Winter Break</h1>				
8 <b>Teacher Institute</b>	9 1. Orange Chicken /Rice 2. Ham Cheese On Bun  Steamed Broccoli Fresh Veggie's/Dip Mandarin Oranges 1% or Skim Milk	10 1. Walking Taco 2. Mini Corn Dogs  Romaine/ Tomato Mix Fresh Veggie's/Dip Chilled Mix Fruit 1% or Skim Milk	11 1. Mr. Rib on Bun 2. French Toast Sticks/  Sausage Patty Veggie Juice Box Hash Brown Potato Fresh Fruit 1% or Skim Milk	12 1. Pizza (Retro) 2. Chicken Sandwich  Season Corn Veggie Juice Box Chilled Peaches 1 % or Skim M ilk
15 <b>Martin Luther King Day</b>	16 1 Mac & Cheese 2. Ham & Cheese On Bun  Baked Beans Garden Salad Frozen Fruit Cup 1% or Skim Milk	17 1. Lasagna Roll /Garlic Bread 2. Mini Corn Dogs  Garden Mix Salad Fresh Veggie's/Dip Chilled Applesauce 1% or Skim Milk	18 1. Pulled Pork on Bun 2. Mr Rib on Bun  Au Gratin Potato Seasoned Corn Cinnamon Apple Slices 1% or Skim Milk	19 1. Cheese Quesadilla 2. Chicken Sandwich  Fresh Veggie's Dip Seasoned Corn Chilled Pears 1% or Skim Milk
22 1. Hot Dog on Bun 2. Burger on Bun  Green Beans Baked Fries Chilled Peaches 1% or Skim Milk	23 1 Ham & Cheese On Bun 2. Pork Tenderloin on Bun  Baked Beans Baked Fries Chilled Applesauce 1% or Skim Milk	24 1. Nacho Plate 2. Mini Corn Dogs  Lettuce Tomato Refried Beans Chilled Peaches 1% or Skim Milk	25 1. Chicken Nuggets / Gram Crackers 2 Mr. Rib on Bun  Mashed Potato/Gravy Fresh Veggie's/Dip Chilled Applesauce 1% or Skim Milk	26 1. Pizza 2. Chicken Sandwich  Season Corn Veggie Juice Box Mandarin Oranges 1 % or Skim M ilk
29 1. Mini Ravioli/ Garlic Bread Stick 2. Burger on Bun  Steamed Broccoli/Cheese Garden Salad Mix Frozen Fruit Cup 1% or Skim Milk	30 1. Grilled Cheese 2. Ham & Cheese on Bun  Tomato Soup Fresh Veggie's /Dip Chilled Pears 1% or Skim Milk	31 1. Max Cheese Sticks 2. Mini Corn Dogs  Garden Mix Salad Fresh Veggie's/Dip Banana Mix 1% or Skim Milk		

**Fun Facts**  
The first ever commercially successful chewing gum was produced in 1871 by Thomas Adams.

**Lunch Prices:**  
Student: \$2.55  
Reduced: \$ .40  
Milk \$ .40  
Every Meal Comes With:  
Fat Free Chocolate Milk  
Or  
1% White Milk  
  
**Breakfast Prices**  
Student \$1.50  
Reduced: \$ .40



**Menu subject to change based on availability**