



THE STILLMAN VALLEY *GRIDIRON LEADERSHIP*
COMMITTEE PROUDLY

PRESENTS

THE 2nd ANNUAL SUMMER 5K/2 MILE WALK!!!

Saturday, June 4, 2011

Start Time: 10:00 a.m.

Race starts @ SVHS track!

Pre Registration Cost: \$23

Registration Cost after May 25, 2011 & Day of Race: \$25

***New This Year: New route, more food, professional timing &
your very own poster!***

**Age Groups: 10 and under, 11-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69
& 70 and above.** Small cash prizes for the Top 3 males and Top 3 females!



Water and fruit will be provided as well as *pizza, pop, baked goods* and *more!*



Make this day a healthy way to spend time with family and friends!

To enter the race, fill out the registration form on the next page and mail it with your check to: (Please make checks payable to Meridian School District.)

Attn: Scott Rempfer
Stillman Valley High School
425 S. Pine Street
Stillman Valley, Illinois 61084





GRIDIRON LEADERSHIP 2nd ANNUAL 5K

REGISTRATION FORM

Name: _____ Gender F M

Address: _____

Phone Number: _____

Age on 6/4/2011: _____

Shirt Size: S M L XL XXL

Pre Registration Cost: \$23 Registration Cost after May 25, 2011: \$25

Make all checks payable to: Meridian School District and mail to:

**Scott Rempfer
Stillman Valley High School
425 S. Pine
Stillman Valley, IL 61084**

New This Year: New route, more food, and professional timing!

Day of the Race Starts @ SVHS Track: Saturday, June 4, 2011

This year we are including your very own personal sign as part of the goodie bag. Tell us what you would like printed on a poster board (appropriate and fitting the size) and it will be there encouraging you as you participate. After the race you take it with you as a keepsake. So, what quote inspirational message, name, number, or etc. would you like? Provide in the space below.

I understand that there are inherited risks in involvement in any road race. In consideration of the acceptance of my entry, I for myself, my executors, administrators and assignees, do hereby release Stillman Valley High School, the city of Stillman Valley, and all sponsors, for all claims and damages, demands, actions, whatsoever, in any manner arising or growing out of my participation in the events of the Gridiron 5k. I attest that I have full knowledge of the risks involved in this event: I am physically capable for this event. (Waiver must be signed by parent if participant is under 18 years of age.)

Date: _____ Signature _____

Questions call Scott Rempfer at 815-988-6182 or at srempfer@mail.meridian223.org

Registration forms available online at <http://www.stillmanvalleyhigh.org>

