

# Counseling Resources

Stillman Valley High School

KP Counseling, Inc.  
6392 Linden Rd.  
Rockford, IL 61109  
779-368-0060

<https://www.kpcounseling.com/>

Lutheran Social Services  
1901 1<sup>st</sup> Ave.  
Sterling, IL 61081  
815-626-7333

<https://www.lssi.org/>

Sinnissippi Centers, Inc.  
Oregon/Rochelle/Dixon  
800-242-7642 (crisis number)

<http://sinnissippi.org/>

Serenity Hospice and Home  
1658 IL-2  
Oregon, IL 61061  
815-732-2499

<http://serenityhospiceandhome.org/>

Ben Gordon Center  
12 Health Services Dr.  
DeKalb, IL 60115  
815-756-4875

<http://www.bengordoncenter.org/>

Denise Purvis  
5301 E. State St.  
Rockford, IL 61108  
815-226-8146

<http://phppd.providence.org/BaseSearch/Provider/View/324484780353316?PlanName=Swedish+Health+Services>

Oman and Oman Counseling  
5055 Spring Creek Rd.  
Rockford, IL 61114  
815-639-9405

Aspen Counseling and Consulting  
8616 Northern Ave.  
Rockford, IL 61007  
815-399-9700

<https://www.aspenbh.com/>

Mathers Clinic  
6090 Strathmoor Dr. #1  
Rockford, IL 61107  
815-444-9999

<https://www.aspenbh.com/>

Mobre Counseling Services, LLC  
119 W. 1<sup>st</sup> St. Suite 110  
Dixon, IL 61021  
815-285-3073

Rockford Sexual Assault Counseling  
Winnebago, Boone, & Ogle Counties  
815-636-9811

<http://www.rockfordsexualassaultcounseling.org/>

Crusader Clinic  
Rockford, Belvidere, Loves Park, & S. Beloit  
815-490-1600

<https://www.crusaderhealth.org/>

Christina Neff, CJN Therapy Services  
10768 Main St.  
Roscoe, IL 61073  
815-312-7334

<https://cjintherapy.org/>

Tara Wincapaw  
Oregon & Loves Park, IL  
815-621-5952

<https://www.topnpi.com/il1194111567/dr-tara-wincapaw>

Couple and Family Therapy Clinic at NIU  
NIU Campus Wirtz Hall, near Lucinda Ave.  
815-753-1684

<https://www.chhs.niu.edu/clinics/couple-family-therapy/index.shtml>

Braden Counseling Center  
Sycamore (DeKalb) 815-787-9000  
Rochelle 815-561-8855

<https://www.bradencenter.com/>

Swedish American Hospital for Mental Health Services  
1401 E. State St.  
Rockford, IL 61104

24-Hour Assessment 779-696-2273

Inpatient 779-696-4123

<https://www.swedishamerican.org/services/mental-health>

U.S. Department of Health and Human Services  
<https://www.mentalhealth.gov/>

National Council for Suicide Prevention  
24-Hour Crisis Support 1-800-273-8255  
<https://www.thencsp.org/>

Yellow Ribbon- Suicide Prevention  
Text "HELP" to 741741  
<https://yellowribbon.org/>

# Counseling Resources

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## Substance Abuse Treatment Resources

Rosecrance Treatment Centers  
815-391-1000

<https://www.rosecrance.org/>

- Rosecrance Harrison Campus  
Adult Substance Abuse Treatment  
3815 Harrison Ave.  
Rockford, IL 61108
- Rosecrance Griffin Williamson Campus  
Adolescent Substance Abuse Treatment  
1601 N. University Dr.  
Rockford, IL 61107

Sinnissippi Centers  
24-Hour Crisis 800-242-7642

<http://sinnissippi.org/>

- Dixon Office  
325 IL Route 2  
Dixon, IL 61021  
815-284-6611
- Oregon Office  
100 Jefferson St.  
Oregon, IL 61016  
815-732-3157
- Rochelle Office  
1321 N. 7<sup>th</sup> St.  
Rochelle, IL 61068  
815-562-3801

Restore Counseling and Recovery  
7210 E. State St.  
Rockford, IL 61108  
815-737-8673

<https://www.restorerockford.com/>

Changes Outpatient Substance Abuse Counseling  
<http://changesplace.com/>

- Freeport Location  
773 W. Lincoln Blvd. Suite 101  
Freeport, IL 61032  
815-232-1913
- Loves Park Location  
7155 Windsor Lake Pkwy. Suite D  
Loves Park, IL 61111  
815-708-6468

Al-Anon & Alateen  
<https://al-anon.org/>

Alcoholics Anonymous (AA)  
<http://www.aa.org/>

Drug Free  
Helpline 1-855-DRUGFREE  
<https://drugfree.org/>

Substance Abuse and Mental Health Services  
(SAMHSA)  
<https://www.samhsa.gov/>

Ben Gordon Center  
12 Health Services Dr.  
Dekalb, IL 60115  
815-756-4875  
<http://www.bengordoncenter.org/>